

## **HEALTHY VOLUNTEER INFORMATION SHEET & CONSENT** **FORM**

### **Global versus detailed visual processing in Body-Dysmorphic Disorder & Obsessive Compulsive Disorder**

You are being invited to take part in a research study on visual processing in Body-Dysmorphic Disorder (BDD) and Obsessive-Compulsive Disorder (OCD). The project is being conducted as part of an MPhil/ PhD degree at the Institute of Psychiatry.

Before you decide whether to take part in this study, please take time to read the following information carefully. Please ask if there is anything that is not clear to you or if you would like more information.

#### **What is the purpose of the study:**

The purpose of the project is to increase our knowledge and understanding of visual processing mechanisms in BDD. The aim of gaining this knowledge is to help in the development and provision of appropriate types of therapy, resources and care, in order to reduce the difficulties and distress, and improve the quality of life of people suffering BDD.

#### **Why have I been chosen?**

You have been chosen as a healthy volunteer because we are interested in comparing the way healthy controls differ from people with body-dysmorphic disorder and obsessive-compulsive disorder in the way they process visual information.

#### **Do I have to take part?**

Participation in the study is entirely voluntary and you can refuse to participate or withdraw at any time and without giving a reason. Refusal to participate in the above study would not in any way affect any treatment you are currently receiving or might receive in the future.

#### **What do I have to do if I agree to take part?**

If you choose to take part, you will be asked to take part in three computer tasks, which involve looking at pictures of other people's faces and pictures of objects. As a matter of fact, the three tasks involve looking at: 1) pictures of faces and objects (shown in an upright and inverted orientation), 2) pictures of aligned and misaligned composite faces, and 3) images of letters. This part of the study takes approximately 1.5 hours to complete.

We will receive £20 at the end of your visit for your participation in our study and to cover any expenses you may incur. It is estimated that the study will take approximately between 1 ½ and 2 hours to complete.

**What are the possible benefits from the research?**

There is no intended direct clinical benefit to you from taking part in this study and it will not affect the care you receive. However, hopefully the information gathered from the study will help us understanding more about BDD and OCD and how it affects people's life, and may indicate ways in which we can help support sufferers and their family members in the future.

**Will my taking part in this study be kept confidential?**

The information provided is strictly confidential and secure. Data will be stored or accessed after the study has ended for 12 months to three years for research purposes and the only people to see the information will be myself and the members of our research team. The data will not be personally identifiable.

**What will happen to the results of the research study?**

The results of the study will be written up in a PhD thesis, which is investigating body-dysmorphic disorder. The results will also be submitted for publication in academic psychology journals. No personal information will be identified in any publication of the results. The final results of the study will be available to you on request.

**Who has reviewed the study?**

This research has been reviewed and approved by the Brent Research Ethics Committee.

**Contact for further information?**

If you have any further questions please feel free to call or email me at any time.

*Contact information:*

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