



INFORMATION FOR PARTICIPANTS

Title of Project:

The development of three new self-report measures for anxiety problems

Chief Investigator: Dr Kristin Bohn

Supervisor: Dr Gary Brown

WHAT IS THIS STUDY ABOUT AND WHAT IS ITS PURPOSE?

Researchers believe that people who experience anxiety problems have certain thoughts, feelings and behaviours in common. The purpose of this research is to study these thoughts, feelings and behaviours in people with and without anxiety problems. We think that this research is important because it might suggest new ways that we can help people who experience anxiety problems

WHAT WILL HAPPEN IF I DECIDE TO TAKE PART?

We are hoping you will fill in this **online survey**. It will take approximately 30 – 45 minutes to complete. You will complete a demographic information sheet and respond to various questions related to mood, behaviours, beliefs and events. There will also be a computerised 'gambling task' in which you will be asked to choose cards from a number of card decks.

You are not under any obligation to participate and not agreeing will not influence any current medical care that you may be receiving. You are free to withdraw from the study, at any time, without giving a reason. All responses will be anonymous and will be kept strictly confidential.

HOW DO I KNOW IT IS SAFE TO TAKE PART?

This study has been approved by a group of independent people (Research Ethics Committee) to protect your rights, dignity, well-being and safety. This particular study has been given a favourable opinion by Royal Holloway, University of London Research Ethics Committee and the Riverside Research Ethics Committee (Ref: 08/H0706/82; Tel: +44 20 8846 7282).

ARE THERE ANY BENEFITS TO PARTICIPATING?

Each participant will receive a £5 voucher which can be used at high street shops and has the option of being entered into a prize draw with one £50 prize, two £25 prizes and three £10 prizes.

HOW TO TAKE PART

If you are willing to complete the online survey, please go to:

http://www.surveymonkey.com/s.aspx?sm=5efcxRq3hIvg3kfh2q6loQ_3d_3d

If you have any queries or would like to receive further information, please contact Kristin Bohn at k.bohn@rhul.ac.uk ; Telephone: 07813-936976.

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Thank you very much for your help!