

Could you help Professor Salkovskis with his research?

By Rowena Pagdin

To continue the success of their current research programmes aimed at improving the understanding and treatment of individuals with anxiety problems, Professor Salkovskis is looking for participants for his study.

Study Title: An investigation of reassurance seeking: questionnaire study for sufferer and support-person.

This is a research study investigating reassurance seeking, which is a common reaction when people feel anxious. We are recruiting participants who are

- aged 18-65,
- currently diagnosed with OCD by a registered health-care professional and
- able to ask other person who you may seek reassurance from (such as your husband, girlfriend, mother etc) to complete the other questionnaire

Please note that we are interested in people who do not seek much reassurance but also those who do.

If you are eligible to take part, you will receive two questionnaires by post:

- 1) Questionnaire for you (OCD sufferer), which takes about 40 minutes to complete
- 2) Questionnaire for support-person which takes about 20 minutes to complete

Following that, you return both questionnaires using the freepost. You will then receive a £10 gift voucher, and the other person will receive a £5 gift voucher (£15 in total), or you can ask for your payment to be donated to OCD-UK.

What should I do if I want to take part?

If you are interested in taking part or would like further information, please let us know (1) your full name and (2) postal address:

By email: Rowena.Pagdin@kcl.ac.uk

By post:

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By telephone: 0207 848 0031 or fax 0207 848 5037

If you are able to participate in this study, it will help us to develop better treatment for people with anxiety problems. Thank you for your interest.

Ethical Approval Reference: This project has been reviewed by the Joint South London and Maudsley and the Institute of Psychiatry NHS Research Ethics Committee (REC reference: 07/Q0706/39). Your participation is entirely voluntary and you are free to withdraw at any time, without giving a reason for doing so. If you are receiving NHS treatment this will NOT in any way be affected if you do or do not wish to take part or you withdraw from the study. We will not disclose your participation to anyone (e.g., family members, GP) unless you would like us to. The information you provide throughout the course of the research will be stored anonymously and will be kept strictly confidential. This information will only be accessed by Professor Salkovskis and his research team.