

Participants wanted for a survey on specialist services for OCD/BDD

General Information

We are conducting a study looking at the difficulties people with OCD or BDD have experienced in accessing specialist help for their problems. If you have experienced difficulty obtaining referral to a **national or regional** specialist service when cognitive behaviour therapy or medication provided locally hasn't worked we would like to hear from you. We would like to ask you to complete either an online or email survey, or a paper questionnaire sent by post, about the difficulties you have had, or are presently having. We are interested in hearing from people with OCD or BDD of all ages, including children and young people.

If you have **not** had any difficulties accessing treatment or are happy with the treatment you are receiving and feel it is working for you, this study is not for you. Also, please only complete the survey if you live in the UK and are eligible for NHS treatment.

Ethical Issues

You are under no obligation to take part in the study and if you decide not to, it will not influence any treatment you are receiving presently or in the future. It is important to be aware that taking part in the study will not guarantee you receive treatment at a specialist centre. In order to be able to follow up on the difficulties people have accessing specialist treatment, we will need your name and contact details. This personal information will be safely stored and will not be accessed by anyone other than the researchers.

How To Take Part

If you wish to take part, please go to the link below, which will lead you to a questionnaire concerning your OCD or BDD and the problems you have experienced. If you do not have internet access and would like to take part, please contact us (see below) and we can send or email you a paper copy of the questionnaire.

<http://survey.iop.kcl.ac.uk/TakeSurvey.aspx?SurveyID=14LH762>

How To Contact Us

If you have any questions regarding the survey, please contact Dr Anna Stout on 0203 228 2101, at Anna.Stout@iop.kcl.ac.uk, or please write to Dr Anna Stout, Centre for Anxiety Disorders and Trauma, 99 Denmark Hill, London, SE5 8AZ

Thank you

Dr A Stout
Dr D Veale
Professor P Salkovskis
Dr B Stobie
Dr I Heyman
Dr C Turner