



## *Tips for holding successful workplace fundraising events for OCD-UK*

There are many fun ways to raise money for OCD-UK and involve your work colleagues at the same time.

We've compiled a list of some of these, and of course you may also come up with your own ideas, let us know if they work and we can add them to the list, and of course we will support you with any leaflets or advice that you may need in your fundraising quest.

The key to success for a successful fundraising event is to keep it fun and friendly.

### **Take your pick from these fab and funky office fundraising ideas:**

- **Slave auction**

Offer your skills and services (keeping it clean of course) to the highest bidder for the week. Maybe you fetch all their drinks and lunch for the week, have to type their emails, do all their faxing and copying, or whatever other laborious and horrible jobs they may come up for you.

- **Casual dress day**

Lift that suit and tie image for a day, and offer your colleagues the chance to dress down for the day, with everyone who does dress down paying £2 to join in. You might want to run that by the boss first though!

- **Dress in orange day**

Show your support for the OCD-UK brand by arranging for your colleagues to have a 'dress in orange day', and everyone pays £2 to join in. You can even have a small prize for the best and worst dressed in orange colleague.

- **60's, 70's or 80's day**

Go back to these era's by coming to work in clothes that defined these colourful decades, and if you have music in your workplace, you can even add to the theme by only playing music from that era for the day. Everyone pays £2 to take join in the fun. You can even have a small prize for the best and worst dressed in colleague.

- **Swear or 'specific word' box**

Have a swear box day, or a specific word that you may use often in the workplace that you are banned from saying for a day, and everyone pays a fine if they break the rules.

- **Email ban day**

Ban all inter office emails for the day encouraging everyone to talk, as the BT advert said 'it's good to talk', with everyone paying a fine if they break the rules and slip into email mode.

- **Office sweepstakes**

Whenever the bog popular events come around, hold an office sweepstake with 50% prize money and 50% donation to OCD-UK. So for example hold a World Cup or Euro's sweepstake, charge £5 per team. You can do it for all sorts of events, a popular one is a Eurovision sweepstakes.

- **Liftless exercise day**

If you work in a building with several floors introduce a 'lift toll' for the day and charge everyone £2 each time they take the lift rather than the stairs.

- **Coffee machine free day**

if you have a vending machine at work, ask everyone to give up the machine for the day and donate that money to OCD-UK instead.

- **Pin badge or wristband day**

Force all your colleagues to buy an OCD-UK wristband or pin badge and wear them for the day to show their support (we will send you the badges and pins in advance).

**If you have any questions, please contact us on 0845 120 3778 or email [volunteers@ocduk.org](mailto:volunteers@ocduk.org)**