REGISTERED CHARITY NUMBER: 1103210

Report of the Trustees and
Unaudited Financial Statements
For the Year-Ended 31 December 2014
for

OCD-UK

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Report of the Trustees For The Year Ended 31 December 2014

The trustees present their report with the financial statements of the charity for the year ended 31 December 2014. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1103210

Principal address

PO Box 8995 Nottingham Nottinghamshire NG10 9AU

Trustees

K Cloke - resigned 1.11.14

C Mills C Gellard M Bartlett Y Jerrard J Sharman P Sumal

C Rowe - appointed 1.11.14

Independent examiner

Leavitt Walmsley Associates Limited Chartered Certified Accountants 8 Eastway Sale Cheshire M33 4DX

Bankers

Royal Bank of Scotland The Co-Operative Bank

Nottingham City Office P O Box 250 8 South Parade Skelmersdale Nottingham WN8 6WT

NG1 2JS

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

The power of appointing trustees is vested in the Executive Committee which comprises trustees elected by the members at the Annual General Meeting. The Executive Committee meets once a month, utilising a number of methods for meetings including telephone conference calls and face-to-face meetings, and remain in daily contact with one another and the Chief Executive via telephone and email. The Executive Committee endeavours to maintain regular communication and will continue to utilise modern technology to aid this communication flow.

The day-to-day running of the charity is delegated to the Chief Executive Officer, A Fulwood.

Risk management

The trustees have a duty to assess the risks associated with the charity. As part of its business planning process, the trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Report of the Trustees For The Year Ended 31 December 2014

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objectives are to advance the education of the general public in all areas relating to obsessive compulsive disorders (OCD), to relieve persons suffering from OCD and their carers by the provision of information, advice and support.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

OCD-UK has continued to develop its activities during the year to 31 December 2014, with a closing membership of 758 members (2013: 708) which is an increase on the previous year and numbers are likely to increase in the forthcoming financial year. The trustees are pleased with the achievements of the charity in the furtherance of its objects and note that whilst an overall deficit has been sustained during the year, funds stand at just under £40,000 as at 31 December 2014.

The 'Are you a little bit OCD?' project use of a fun and quirky 'sofa zone' which was set up in public spaces across the East Midlands and engaged the public in conversation about Obsessive-Compulsive Disorder (OCD) and the stigma created through the use of the language we all use. The project allowed OCD-UK to recruit new volunteer relationships which was hugely successful. The project was made possible through funding from the mental health anti-stigma programme, Time to Change, England's biggest programme to end the stigma and discrimination faced by people with mental health problems. The programme is run by the charities Mind and Rethink Mental Illness, and funded by the Department of Health, Comic Relief and the Big Lottery Fund.

Internal and external factors

Part of the charity's daily commitment to the OCD community is to provide mutual support and understanding through various means, including email, telephone, postal letter and online discussion forums. The charity provides this basic but extremely important work on a daily basis, 365 days a year.

Obtaining treatment for OCD is very much hit and miss, with NHS waiting times up to two years in some areas of the country, primarily due to the lack of trained therapists. Through the provision of literature and presentations, OCD-UK works to educate both sufferers and health professionals about OCD and The National Institute for Health and Clinical Excellence (NICE) recommended treatments. The charity continues to lobby MPs and the Department for Health for improved access to psychological talking therapies.

A review of OCD-UK's achievements during the year can be found in the attached Annual Report.

Chair, Kylie Cloke, stepped down to focus on her new career, but will remain active with the charity behind the scenes. The trustees would like to acknowledge and thank Kylie Cloke for the commitment she has shown OCD-UK.

At the end of the year, there was a large deficit of some £12,500 in respect of the Time to Change fund. This was primarily due to the fact that the Time to Change grant income was received in 2013, but was not spent until the 2014 financial year.

FINANCIAL REVIEW

Mills - Trustee

Reserves policy

The trustees consider that an appropriate level of reserves for the organisation is the equivalent of 6 months' operating expenditure, approximately £45,000. At 31 December 2014, free reserves stood at £31,413 (2013: £38,042) and restricted funds stood at £7,408 (2013: £19,907). The trustees aim to achieve a maintainable level of free reserves in line with the policy by continuing to increase the charity's membership and thus its incoming resources. The reserves policy will be monitored on an ongoing basis as the charity continues to develop its activities.

Approved by order of the board of trustees on . 7 OCTOBER 2015, and signed on its behalf by:

Independent Examiner's Report to the Trustees of OCD-UK

I report on the accounts for the year ended 31 December 2014 set out on pages four to ten.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Steven John Collings FCCA

Leavitt Walmsley Associates Limited

Chartered Certified Accountants

8 Eastway

Sale

Cheshire

M33 4DX

Date: 7 OCTOBER 2015

OCD-UK

Statement of Financial Activities For The Year Ended 31 December 2014

	Note	Unrestricted fund	Restricted fund £	Time to Change Grant £	31.12.14 Total funds	31.12.13 Total funds
INCOMING RESOURCES Incoming resources from generated funds		~	~	~	~	~
Voluntary income		53,647	-	19,623	73,270	77,200
Activities for generating funds	2	14,180	_	-	14,180	3,392
Investment income	3	28	_	-	28	20
Incoming resources from						
charitable activities	4					
Charitable activities		28,244	-	-	28,244	37,311
Other incoming resources		637			637	265
Total incoming resources		96,736	-	19,623	116,359	118,188
RESOURCES EXPENDED Costs of generating funds Costs of generating voluntary						
income Fundraising trading: cost of	5	8,415	-	7,507	15,922	14,257
goods sold and other costs	6	5,428	-	-	5,428	3,068
Charitable activities	7					
Charitable activities		87,824	-	24,615	112,439	74,492
Governance costs	9	1,698	-	-	1,698	939
Other resources expended						101
Total resources expended		103,365	-	32,122	135,487	92,857
NET INCOMING/(OUTGOING) RESOURCES		(6,629)	-	(12,499)	(19,128)	25,331
RECONCILIATION OF FUNDS						
Total funds brought forward		38,042	-	19,907	57,949	32,618
TOTAL FUNDS CARRIED FORWARD		31,413		7,408	38,821	57,949

OCD-UK

Balance Sheet At 31 December 2014

		Unrestricted	Restricted	Time to	31.12.14 Total funds	31.12.13 Total funds
	Note	fund £	fund £	Change Grant £	£	£
FIXED ASSETS	11010	L	£	L	£	£
Tangible assets	12	2,528	- · · · · -	665	3,193	2,697
CURRENT ASSETS						
Stocks	13	3,219	-	-	3,219	2,784
Debtors	14	544	-	-	544	212
Cash at bank		26,478	-	6,743	33,221	53,006
		30,241	·	6,743	36,984	56,002
CREDITORS Amounts falling due within one						
year	15	(1,356)	-	-	(1,356)	(750)
			-	-		
NET CURRENT ASSETS		28,885		6,743	35,628	55,252
TOTAL ASSETS LESS						
CURRENT LIABILITIES		31,413	-	7,408	38,821	57,949
						-
NET ASSETS		31,413		<u>7,408</u>	38,821	57,949
FUNDS	16					
Unrestricted funds Restricted funds	10				31,413 7,408	38,042 19,907
TOTAL FUNDS					38,821	57,949

The financial statements were approved by the Board of Trustees on ... 7. OCTOBER. 205 and were signed on its behalf by:

C Mills -Trustee

Notes to the Financial Statements For The Year Ended 31 December 2014

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings

- 20% on cost

The company carries tangible fixed assets in the balance sheet using the depreciated historic cost method.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Cost includes the purchase price, inclusive of value added tax and net of discounts and rebates where appropriate. Stock which is expected to be issued at no charge for promotional activities are included in the stock valuation at a net realisable value of £nil.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Financial instruments

Financial Instruments are classified and accounted for according to the substance of the transaction as either a financial asset, liability or equity instrument. An equity instrument is any contract that evidences a residual interest in the assets of the company after all liabilities have been deducted.

2. ACTIVITIES FOR GENERATING FUNDS

	31.12.14	31.12.13
	£	£
Conferences	14,180	3,392

Notes to the Financial Statements - continued For The Year Ended 31 December 2014

3.	INVESTMENT INCOME				
				31.12.14	31.12.13
	Bank interest			£ 28	£ 20
4.	INCOMING RESOURCES F	FROM CHARITABLE ACTIV	ITIES		
	Sponsorship monies Merchandise and clothing Cards and calendars	Activity Charitable activities Charitable activities Charitable activities		31.12.14 £ 19,338 8,010 896 28,244	31.12.13 £ 31,054 5,509 748 37,311
5.	COSTS OF GENERATING	VOLUNTARY INCOME			
	Promotional costs Sponsorship costs			31.12.14 £ 15,922 15,922	31.12.13 £ 3,738 10,519 14,257
6.	FUNDRAISING TRADING:	COST OF GOODS SOLD AN	D OTHER CO	STS	
	Opening stock Purchases Closing stock			31.12.14 £ 2,784 5,863 (3,219) <u>5,428</u>	31.12.13 £ 2,000 3,852 (2,784) 3,068
7.	CHARITABLE ACTIVITIES	S COSTS			
	Charitable activities		Direct costs £ 81,333	Support costs (See note 8) £ 31,106	Totals £ 112,439
8.	SUPPORT COSTS				
	Charitable activities				Management $£$ $31,106$

Notes to the Financial Statements - continued For The Year Ended 31 December 2014

9. GOVERNANCE COSTS

	31.12.14	31.12.13
	£	£
Meeting costs	-	189
Accountancy	1,290	750
Legal fees	408	
	1,698	939

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2014 nor for the year ended 31 December 2013.

Trustees' expenses

During the year an amount of £nil (2013: £189) was re-imbursed to the trustees in respect of expenses incurred in undertaking their charitable duties.

11. STAFF COSTS

Wages and salaries Social security costs	31.12.14 £ 61,784 3,502 <u>65,286</u>	31.12.13 £ 43,186 4,564 47,750
The average monthly number of employees during the year was as follows:		
Management and administration	31.12.14	31.12.13

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued For The Year Ended 31 December 2014

	For the real Ended 31 December 2014		
12.	TANGIBLE FIXED ASSETS		Fixtures and fittings
	COST At 1 January 2014 Additions		£ 9,110 2,321
	At 31 December 2014		11,431
	DEPRECIATION At 1 January 2014 Charge for year		6,413 1,825
	At 31 December 2014		8,238
	NET BOOK VALUE At 31 December 2014		3,193
	At 31 December 2013		2,697
13.	STOCKS		
	Stocks	31.12.14 £ 3,219	31.12.13 £ 2,784
14.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	Trade debtors Prepayments	31.12.14 £ 242 302 544	31.12.13 £ 212 212
15.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	Trade creditors	31.12.14 £	31.12.13 £
	Accrued expenses	396 960	750

1,356

750

Notes to the Financial Statements - continued For The Year Ended 31 December 2014

16. MOVEMENT IN FUNDS

	Net movement		
	At 1.1.14	in funds	At 31.12.14
	£	£	£
Unrestricted funds			
General fund	38,042	(6,629)	31,413
Restricted funds			
Time to Change Grant	19,907	(12,499)	7,408
TOTAL FUNDS	57,949	(19,128)	38,821
1011121 01120	<u> </u>	(13,120)	20,021
Net movement in funds, included in the above are as follows:			
	Incoming	Resources	Movement in
	resources	expended	funds
	£	£	£
Unrestricted funds			
General fund	96,736	(103,365)	(6,629)
Restricted funds			
Time to Change Grant	19,623	(32,122)	(12,499)
TOTAL FUNDS	116,359	(135,487)	(19,128)

<u>Detailed Statement of Financial Activities</u> <u>For The Year Ended 31 December 2014</u>

	31.12.14 £	31.12.13 £
INCOMING RESOURCES		
Voluntary income Donations and membership Grants	53,648 19,622	54,888 22,312
	73,270	77,200
Activities for generating funds Conferences	14,180	3,392
Investment income Bank interest	28	20
Incoming resources from charitable activities Sponsorship monies	19,338	31,054
Merchandise and clothing Cards and calendars	8,010 896	5,509 748
	28,244	37,311
Other income Other income	637	265
Total incoming resources	116,359	118,188
RESOURCES EXPENDED		
Costs of generating voluntary income Promotional costs	_	3,738
Sponsorship costs	15,922	10,519
	15,922	14,257
Fundraising trading: cost of goods sold and other costs Opening stock	2,784	2,000
Purchases	5,863	3,852
Closing stock	(3,219)	(2,784)
	5,428	3,068
Charitable activities Wages	61,784	43,186
Social security	3,502	4,564
Insurance Light and heat	637	406
Light and heat Telephone	711 1,458	1,406 1,349
Postage and stationery	818	466
Conference costs	-	138
Travel and subsistence Carried forward	3,646 72,556	670 52,185

<u>Detailed Statement of Financial Activities</u> <u>For The Year Ended 31 December 2014</u>

	31.12.14	31.12.13
	£	£
Charitable activities	70.556	<i>5</i> 2 10 <i>5</i>
Brought forward	72,556 83	52,185
Support groups Dues and subscriptions	-	70
Website costs	2,615	2,289
Recruitment costs	2,013	1,193
Office consumables & supplies	1,019	791
Miscellaneous expenses	391	1,295
Software costs	150	13
Training fees	60	-
Bank charges	1,664	1,219
Telephone	970	
Fixtures and fittings	1,825	1,185
	81,333	60,240
Governance costs		
Meeting costs	-	189
Accountancy	1,290	750
Legal fees	408	-
	1,698	939
Support costs		
Management		
Telephone	787	780
Postage and stationery	4,766	3,644
Sundries	174	101
Conference support costs	21,911	5,877
Printing costs	3,468	2,362
Room hire		1,589
	31,106	14,353
Total resources expended	135,487	92,857
Net (expenditure)/income	<u>(19,128</u>)	25,331