OCD Myth

People affected by OCD lack a sense of humour about OCD jokes.

Mythbuster

People suffering with Obsessive-Compulsive Disorder do have a sense of humour.

However, every time somebody makes an OCD joke or misrepresentation it trivialises the severity of the condition.

For the person suffering, such jokes can be upsetting and makes it harder for people to open up and talk about their problems or even seek help.

ocduk.org

@OCDUK  @OCDUK  @OCDUKcharity

OCD - It's more than you think!
OCD fact

Rather than being a helpful or useful character trait, Obsessive-Compulsive Disorder is actually a debilitating anxiety disorder.

For those suffering from OCD, there is nothing useful or positive about it, in fact it prevents those that suffer living their life how they would choose to.