

Does your child have Obsessive Compulsive Symptoms/Disorder (OCD)?

The University of Reading are conducting a study to see if supporting parents/carers to apply Cognitive Behavioural Therapy (CBT) techniques at home helps to reduce OCD symptoms in children.

This study is relevant to you if:

- Your child is aged 5 to 12 years old
- Your child has OCD or you think your child may have OCD

What will I be asked to do?

- Complete short screening questions
- Attend interviews to see if your child has OCD and some other common difficulties.
- Fill out short weekly questionnaires for 3, 4 or 5 weeks.
- Receive 6 to 8 treatment sessions with a therapist and complete activities at home with your child.
- Attend follow-up interviews to see if your child's symptoms have reduced.

What will my child be asked to do?

- Your child can attend the interviews with you to help us to understand their experiences of OCD. Your child's attendance at these interviews is optional.
- Complete activities at home with you.

For more information visit:

<https://reading.onlinesurveys.ac.uk/ocd>

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