

OCD-UK WEBINARS:

60-minute Webinar

An online webinar for any organisation, education setting or charity wanting to learn an overview of the OCD basics

What do we cover?

- What is OCD?
- How does OCD work?
- Symptoms
- Support available

£99

For up to 30 people

Discounted rate of £89 for charities with an income of under £125,000.

What is included in the package?

- Delivery of a 60-minute webinar
- Follow up email with resources and presentation slides
- Webinar Completion Certificate

OCD-UK WEBINARS:

FAQs

What are the webinar timings?

The 60-minute webinar is usually a lunchtime session between 12pm and 1pm. However, we can make adjustments to the timings where necessary.

Does the webinar include a break?

This is a short 60-minute session and therefore unlike our other workshops, there will be no break included.

How many people can attend?

The required minimum number of participants per webinar is five, and the maximum is 30. Please email us at events@ocduk.org should you have any questions about participant limits.

Will we receive a CPD certificate?

Upon completion, all participants who attended the full 60-minute webinar will receive a webinar completion certificate. This is not CPD certificate, but it is a confirmation of attendance and completion.

Where will the webinar be delivered?

We host all our webinars on zoom, more information about accessing zoom meetings will be supplied after booking. If you have any questions, please contact events@ocduk.org

Who will deliver the webinar?

A member of the OCD-UK training team will deliver the webinar. We are a service user-led charity who have been supporting people affected by OCD for over 20 years and we have an in-depth knowledge about OCD professionally and personally. We are not mental health professionals, and therefore the content we deliver is based on our own experiences, the research we are continuously involved with and the experiences we have from working closely with OCD professionals and specialists across the country and overseas.

Will the webinar be recorded?

At OCD-UK, we do not record our training webinars. Our webinars are delivered by people with lived experience of OCD. Therefore, there are times when the hosts will share their own experiences to help the content we deliver to be relatable. These potential anecdotes shared are personal and therefore we do not record our training sessions for privacy reasons. Thank you for understanding.